


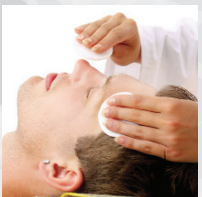


Massage & Energywork	
Therapeutic Massage	45 min. \$75 60 min. \$89 90 min. \$129
Aromatherapy Massage	45 min. \$75 varies
Energy Bodywork - call for options	varies
Reflexology Massage	30 min. \$45
Hot Stone Massage	75 min. \$120
Healing Aroma Glow Massage	60 min. \$89 90 min. \$129
Bellanina Facelift Massage	75 min. \$110
Bellanina Facelift Massage Plus	105 min. \$150
Pre-Natal Massage	55 min. \$89
Seated Massage up to 10 minutes	\$1 per minute
Spa Body Treatments	
Seasonal Body Wrap	75 min. \$100
Cleansing Sea Mud Body Masque	75 min. \$115
Body Polish	60 min. \$95
Shio Doro Anti-Cellulite Treatment	90 min. \$130 series of 3 \$345
Exfoliating Back Treatment	45 min. \$80
Bellanina Foot Treatment	45 min. \$59
Add on to any massage or body treatment:	
Steam Shower 12 min.	\$20
Color Therapy Spa Sook	\$30
Hand or Foot Treatment w/paraffin	\$15
Honeyliff Face Massage	\$20
Scalp Massage 15 min.	\$20
Massage 30 min.	\$40
Energy Bodywork	varies
Organic Spray Tan	
Lavish Tan Organic Spray Tan	15 min. \$45

Serious Skin Care	
Free Skin Consultation	
We pride ourselves on our approach to serious skin care. Our facials are designed to address a variety of concerns including acne, aging, fine lines and wrinkles, loss of tone and elasticity or stressed, inflammatory, or Rosacea prone skin. Facials are most effective when received on a regular basis. See the difference a series of treatments can make. Call to schedule a complimentary skin consultation today.	
Bellanina Anti-Aging Facials & Treatments	
Bellanina Facelift Massage	75 min. \$110
Bellanina Fully Loaded Facial	120 min. \$210
Bellanina Ultimate Facial	75 min. \$145
Bellanina Seasonal Facial	60 min. varies
Bellanina Vitamin C Facial	60 min. \$100
Bellanina Basic Facials	
Express Facial	30 min. \$65
Bellanina Basic Botanical Facial	60 min. \$90
Clinical Acne Reduction Facial	75 min. \$120
Teen Facial (Teens Only)	30 min. \$55
Men's Deep Pore Cleansing Facial	45 min. \$75
Specialized Facials	
Microdermabrasion with Amazing Epicuren	60 min. \$170 30 min. \$100
Amazing Epicuren Celebrity Facial and light peel	60 min. \$140
Epicuren Basic Facial	60 min. \$115
Jessner Chemical Peel	45 min. \$140
A patch test must be performed by one of our Licensed Estheticians at least 24 hours prior to service in order to choose the correct peel for your skin. Series of 3 or 6 recommended.	
Glycolic or Lactic/Salicylic Peel	20 min. \$60
Back Facial	30 min. \$55
HydroFacial	
Standard HydroFacial	30 min. \$150
with neck and décolleté	45 min. \$225
Treatment Series	
Brow Shaping	\$19
Brow Tinting	\$22
Lash Tinting	\$22
Full Face Makeup Application	\$55
Wellness Retreat Packages	
Queen (or King) for a Day	225 min. \$325
Ultimate Bliss Retreat	175 min. \$280
Couples Massage Retreat (2 people)	120 min. \$275
Caring Components Retreat (2 people)	140 min. \$330
Rewarding "Tops" Retreat	195 min. \$200
Mom-to-Be Retreat	180 min. \$155
Call us for pricing on any custom package.	
Please note that an 18% gratuity will be added to all Wellness Retreat Packages.	
Brow and Makeup Services	

Facial Add-Ons	
Hand or Foot treatment w/paraffin	\$15
N/face Microcurrent treatment	\$20 & up
Honeyliff Face Massage treatment	\$20
Light Stim treatment for anti-aging, acne, & rosacea	\$20 & up
Microderm Spot treatment	\$40
Glycolic Spot treatment	\$20 & up
High Frequency Spot treatment for acne	\$20 & up
Custom Wedding Packages	
Create your own custom wedding package for those important 2 weeks before the big day. Choose anything from our vast menu of services. Any 2 services per person 15% off Any 3 services per person 20% off Any 4 services per person 20% off	
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Full Face Makeup Application	\$55
Treatment Series	
Treatment Series of 6 (7th is free)	
* Advance purchase of series required * Includes all Facials, Massages and Spray Tans	



pure serenity awaits you.

day spa & gifts

Welcome to the award winning Bellanina Day Spa and Gift Boutique in Ann Arbor's Historic Kerrytown District.

Our state-of-the-art healing day spa answers the call for a relaxing and rejuvenating experience in our hectic world. We offer a full spectrum of day spa services. Our amenities include the Crystal Suite for Side Couples and Retreat Packages, Color Therapy Hydro Spa, Steam Showers, The Quiet Zone, Zen Garden and many unique services. Our exquisite gift boutique offers our exclusive Bellanina Botanicals and Bellanina Cosmeceuticals Skin Care lines and gifts for the home and spirit.

At Bellanina, your experience is of utmost importance to us. Our highly trained and qualified staff of professionals will offer you the finest care and will work with you to tailor your experience to meet your individual needs.

We await your arrival, so come spa!

Gift cards online at [www.bellaninadayspa.com](http://www.bellaninadayspa.com). Skin care, bath and body products online at [www.bellaninainstitute.com](http://www.bellaninainstitute.com).

Voted Best Day Spa - Michigan Daily, 2014, 2015

Voted Best Day Spa - Reader's Choice, 2004, 2005, 2006, 2007, 2008, 2009, 2012, 2013, 2014, 2016

Voted Best Place to Pamper Mom, 2011, 2012

Voted Best Facial

Most Romantic Getaway, 2010

National Distinguished Day Spa of the Year Award 2006

Michigan's Best, Detroit News 2006-2007

Waxing	
Women's Waxing	
Lip or Chin	\$12
Basic "V" Bikini	\$30
Brazini	\$45
Brazilian Bikini	\$60 & up
Underarm	\$28
Half Arms	\$35
Half Legs	\$45
Full Arms	\$50
Full Legs	\$65 & up
Full Face	\$45
Spot	\$13 & up
Men's Waxing	
Back (Full)	\$60
Shoulders	\$38
Chest/Abdomen	\$55/\$33
Neck	\$18
Nose or Ear	\$5 & up
Hand & Foot Treatments	
Shellac Manicure	\$44
Express Shellac Manicure	\$38
Shellac Removal	\$5
Spa Manicure with Paraffin	\$44
Spa Pedicure with Paraffin	\$64
Manicure & Pedicure	\$78
Bellanina Manicure	\$29
Bellanina Pedicure	\$49
Express Manicure & Pedicure	\$60
Express Manicure	\$23
Express Pedicure	\$39
French Add-on or Design	\$5



**bellanina**<sup>®</sup>

Bellanina Day Spa & Gift Boutique

day spa services | massage therapy | serious skin care  
color hydrotherapy | spa suite for couples & retreats  
skin care | bath & body products | gifts & gift cards

Mon, Tues & Sat 9:00 am-6 pm  
Wed-Fri 9:00 am-9 pm  
Sun 11-6 pm

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## Serious Skin Care

### BELLANINA ANTI-AGING FACIALS

#### HydraFacial MD at Bellanina

This facial is a non-invasive, multistep treatment that combines the benefits of next-level hydradermabrasion, a chemical peel, automated extractions and a special delivery of antioxidants, hyaluronic acid, and peptides. Perfect to treat fine lines and wrinkles, oily and congested skin, dry skin, hyperpigmentation, acne and rosacea; a series of treatments is recommended for the best results.

#### Bellanina Fully Loaded Facial

This facial incorporates a deep cleanse, extractions, microdermabrasion, and a light enzyme peel. After the skin has been thoroughly exfoliated, we will use the latest technology; our collagen boosting Light Stim therapy and an age defying lifting NuFace with stem cell serum.

#### Bellanina Facelift Massage

Our signature massage for rejuvenating maturing skin. This treatment lifts, tones, and firms facial muscles through a series of specialized facial massage strokes, leaving a glowing look for days. We include a massage to the hands, feet, shoulders, neck and scalp in this ultra luxurious treatment.

#### Bellanina Ultimate Facial

This is a results-oriented facial featuring the best customized products for your skin type as well as tightening and toning massage manipulations from our Bellanina Facelift Massage protocol.

#### Bellanina Seasonal Facial

This facial changes with the seasons and is designed to refresh and hydrate the skin.

#### Bellanina Vitamin C Facial

Applied topically in a masque, vitamin C helps to protect your skin against free radical damage while encouraging collagen production. Simultaneously repairing and strengthening sun damaged skin, fine lines and wrinkles will diminish, revealing your skin's glowing good health. A soothing hand massage is included.

## BELLANINA BASIC FACIALS

### Express Facial

This shortened version of our Botanical Facial is cleansing and relaxing for people on the go!

### Bellanina Basic Botanical Facial

Cleanse, hydrate, and infuse your skin with healing botanicals. This facial includes a gentle cleansing, hydrating steam treatment with extractions, a relaxing facial massage, purifying masque, balancing toner, and nourishing moisturizer.

### Clinical Acne Reduction Facial

Targeted to fight serious acne, this facial includes spot treatments that are a combination of high frequency, glycolic or salicylic acid, or microdermabrasion that is best suited for your skin.

### Teen Facial

A treatment tailored to benefit the specific needs of pore-congested or blemished young adult skin.

### Men's Deep Pore Cleansing Facial

A classic facial protocol designed especially for those with clogged pores and congested skin. It deeply cleans and revitalizes the skin.

## SPECIALIZED FACIALS AND PEELS

### Microdermabrasion

A virtually painless facial exfoliation process resulting in reduced hyperpigmentation, melasma, acne and acne related scarring, enlarged pores, fine lines, superficial scars, and wrinkles.

### Amazing Epicuren Celebrity Facial & Light Peel

Designed to make you look and feel renewed, this treatment uses the Epicuren skin care line to correct problems such as congested pores, uneven skin tone, rough and dry skin, and the effects of premature aging. The entire session includes a deep pore cleansing, hot steam towels, extractions, a light peel, two enzyme masks, and concludes with the use of our six-step home care system of products.

### Epicuren Basic Facial

Cleanse, hydrate, and infuse your skin with Epicuren complex protein products. Includes a gentle cleansing, hydrating steam treatment with extractions, a facial massage, purifying masque, balancing toner, and nourishing moisturizer.

### Jessner Peel (Chemical)

This treatment improves hyperpigmentation, acne scars, acne breakouts, fine lines, and uneven skin tone. Leaves skin smooth, soft, and clear of blemishes. This peel can take up to ten days to completely peel away all topical layers of unwanted skin.

### Lactic/Salicylic Peel (Chemical)

Your Esthetician will help you choose between a 30% Lactic Acid, 10% Salicylic Acid or a 40% Lactic Acid, 15% Salicylic Acid combination. The acids penetrate and clean out clogged pores, resulting in marked improvement in acne-prone skin and pore minimization. Regular use of salicylic acid will also result in a decrease in fine lines, smoother skin, and even pigmentation.

### Glycolic Peel

Glycolic acid is a fruit-based acid that is used on the skin to remove dead skin cells and to deeply clean clogged pores. Our peel uses a 30% concentration to effectively refresh dull and tired skin as well as generating an energized glow.

### Back Facial

This treatment includes cleansing, exfoliation, extraction, a soothing back masque, and toning. A soothing scalp massage is included.

## Massage Therapy

All massages are available as a single or side by side service.

### Therapeutic Massage

Prepare to feel rejuvenated and relaxed. Our massage will help ease tight muscles and relieve overall tension and stress. Our therapists will individually tailor the massage to meet your specific needs using a variety of techniques including Swedish, myofascial, and deep tissue. Essential oils can be added to enhance the treatment.

### Aromatherapy Massage

A relaxing treatment using special essential oil blends to relieve stress and revitalize the mind and body.

### Energy Bodywork

Connecting with the body's subtle energies to restore balance and promote integrative health. Ask our concierge about our select menu options.

### Reflexology Massage

Our therapists apply pressure to the feet using thumb and finger techniques on points that correspond to specific areas in the body. This pressure point foot massage relieves tension, improves circulation, and promotes physical and emotional well being.

### Hot Stone Massage

Intensify the depth of your massage with our hot stone treatment. Polished heated river stones are laid at various points along your body and are used by the therapist to massage and add healing warmth to troubled muscles.

### Healing Aroma Glow Massage

Rejuvenate with this treatment designed to stimulate circulation and deep muscle relaxation. First, we exfoliate by dry-brushing the skin to remove dead skin cells, improving blood flow and the reception of aroma therapeutic oils. We then follow up with a relaxing massage paired with essential oils chosen to suit your particular needs.

### Bellanina Facelift Massage

See description under Serious Skin Care.

### Bellanina Facelift Massage Plus

The best of both worlds. Our signature Facelift Massage combined with a thirty minute body massage to add a further dimension of relaxation to this luxurious treatment.

### Pre-Natal Massage (For 2nd and 3rd trimester only)

Massage is one of the most beneficial things you can do for yourself and your baby. This technique helps increase circulation, relaxes tight muscles, and induces a surge of endorphins into your body. Regular and frequent massages throughout your pregnancy will help keep you comfortable throughout your special time, as well as keep your muscles toned to facilitate childbirth and recovery. We recommend purchasing a series.

### Seated Massage

Your position in the massage chair enables the massage therapist to focus on your back, neck and shoulders.

## Organic Spray Tan

### Lavishtan Organic Spray Tan

Used and loved by celebrities, Lavishtan is rated the #1 airbrush tan by Allure Magazine. The Organic Airbrush Lavish Tan uses a patent pending, brown sugar based solution derived from apples. The brown sugar base ensures a golden brown color eliminating all possibilities of an orange tone.

## Spa Body Treatments

### Seasonal Body Wrap

Attuned to the changing seasons, this treatment uses a varying selection of exfoliants, body masques, and moisturizers to restore and revitalize your skin.

### Cleansing Sea Mud Body Treatment

This detoxifying body wrap starts with an exfoliation and then harnesses the power of the sea to draw out impurities and add vital minerals back into the skin. A light scalp massage, shower, and moisturizer will complete your sense of well-being.

### Body Polish

Your body is rejuvenated from head to toe with a dry brush exfoliation and scrub. Dead surface skin is then whisked away with hot steam towels. We finish with a shower and moisturizer.

### Shio Doro Anti-Cellulite Treatment

Our Shio Doro mud wrap contains Umikarano Yuki Sea Salt, White Arctic Peat, and Wasabi Extract that enhances circulation, eliminates toxins, and improves tone and firmness. This treatment starts with a stimulating dry exfoliation and detoxifying soak and finishes with a massage of Cellulfirm Contouring Serum and Creme to affected areas and a full body lotion application. Sign up for a series of three sessions and watch your cellulite melt away!

### Exfoliating Back Treatment

The treatment begins with a dry brush exfoliation followed by a polish scrub and steamy hot towels to cleanse your skin of cellular impurities that daily washing can't reach. We then perform a back and neck massage and end with a honeylift massage treatment and a soothing lotion.

## Reservation and Cancellation Policies

Prices are subject to change without prior notice. Please be aware that treatment times include intake and home care recommendations by therapists.

A credit card number or gift card (good for 5 years from the date of purchase) is required for all reservations. If you need to cancel or reschedule your appointment, please call us 24 hours in advance for single services, and 48 hours in advance for multiple services. Failure to honor our policy will result in a charge to the credit card or forfeit of the gift card for all clients as follows: First time, 50% of service fee; thereafter, 100% of service fee.

## Wellness Retreat Packages

### Queen for a Day Retreat

This half-day of pampering and total indulgence will leave you feeling like royalty! This treatment includes:

- Steam Shower
- Detoxifying Mud Wrap
- A Cleansing Rain Shower
- Foot Treatment
- Paraffin Hand Softening Treatment
- Bellanina Facelift Massage
- Delicious refreshments
- A Bellanina spa gift valued at \$50

### King for a Day Retreat

For the King in your life. Same as above; specially tailored for men.

### Ultimate Bliss Retreat

Bliss-out with personal and caring attention. This treatment includes:

- Steam Treatment
- Body Polish
- A Cleansing Rain Shower
- Massage
- Foot Treatment
- Paraffin Hand Softening Treatment
- Delicious refreshments
- A Bellanina spa gift valued at \$35

### Couples Massage Retreat

Pamper yourself and your partner in our special Crystal Suite. You'll surrender to:

- Side-by-Side Massages
- Side-by-Side Foot Treatments
- Delicious refreshments and relaxation time with each other

### Caring Companions Retreat

Everything is more fun with a companion. You and a companion will be escorted to our Crystal Suite for a dual spa experience including:

- Side-by-Side Massages
- Side-by-Side Bellanina Facelift Massages
- Delicious refreshments and relaxation time together

### Rewarding "Tapas" Retreat

Our "tapas" package gives you a complete spa experience.

This treatment includes:

- 45-minute Massage
- 50-minute Facelift Massage
- Express Manicure and Pedicure
- Delicious Refreshments

### Mom-to-Be Retreat

Our Mom-to-Be package is designed to pamper and soothe those who are expecting.

This treatment includes:

- Pre-Natal Massage
- Manicure and Pedicure
- Delicious Refreshments

### Custom Packages for a Special Day or a Special Someone

Create your own customized Day Spa Package by combining three or more services. We will add a refreshment for your enjoyment at no additional charge. Ask our concierge about our Wedding packages!

## Hand & Foot Treatments

### Bellanina Foot Treatment

For individuals with tired feet or those who just want to feel amazingly revitalized. We cleanse, exfoliate, and give your feet a luxurious and soothing massage. We finish with a paraffin wax treatment. A refreshing snack is included.

### Bellanina Manicure

Our natural nail manicure, this treatment nourishes dry cuticles as well as brittle nails. Our oils revitalize your hands and cuticles.

### Shellac Manicure

A long-lasting overlay of high quality gel is sculpted over the nail bed giving your nails strength and shine without an artificial look. We provide UV protection for your hands upon request.

### Bellanina Pedicure

Our natural nail pedicure, this treatment nourishes dry and callused feet by gently exfoliating dead skin. It is followed by a relaxing foot and leg massage.

### Spa Manicure with Paraffin

Your hands are treated to an exfoliating scrub which removes dead skin and maximizes moisture retention. After a massage we dip your hands in paraffin wax. This treatment is excellent for dry chapped hands, dehydrated cuticles, brittle nails, and especially beneficial for arthritic hands.

### Spa Pedicure with Paraffin

We gently exfoliate, scrubbing away dead skin followed by a deep massage. Your feet are then dipped in paraffin wax and wrapped in hot towels. This treatment is excellent for dry feet and nails. A luxurious leg and foot massage is included.

### Express Manicure and Pedicure

A basic manicure and pedicure for people on the go.

### Bellanina French Polish Manicure

A traditional manicure with French Polish, this treatment nourishes dry cuticles as well as brittle nails. Our oils revitalize your hands and cuticles.